

A Quick Reference to Skin Boosters

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What a skin booster is and is not

A skin booster is a microinjection of stabilised hyaluronic acid spread evenly across an area to hydrate the skin from within. It does not add volume the way dermal fillers do and it does not relax muscle movement the way Botox does. Think of it as a moisturiser delivered directly into the skin.

Common skin booster brand families

Profilo	Hybrid hyaluronic acid, two sessions one month apart
Restylane Skinboosters Vital	Stabilised hyaluronic acid, three sessions one month apart
Juvederm Volite	Single session, results six to nine months
NCTF (Filorga)	Multi-vitamin and amino acid blend with hyaluronic acid

Who skin boosters work best for

1 Dehydrated, dull-looking skin.

Especially noticeable on the cheeks and around the mouth.

2 Fine lines from dehydration not from muscle movement.

Botox is the better option for lines that appear when you smile or frown.

3 Crepey skin on the neck, décolletage, or hands.

These areas hold less natural hyaluronic acid as we age.

4 Acne scarring and overall texture concerns.

Combined with microneedling for stronger remodelling.

What skin boosters will not do

They will not lift sagging skin (look at radiofrequency or threads). They will not erase deep nasolabial folds (filler does that). They will not stop dynamic wrinkles caused by muscle movement (that is Botox or Dysport). And they will not replace daily SPF, sleep, and hydration.